opinionated?
McArthur
weekdays 9:30am-noon
AM980.ca
NEWS TALK SPORTS

TURN POTATOES FROM SIDE DISH TO FEATURE DISH
FOOD {page 16}

TRICK OR TREAT
POPULAR IDEAS FOR COSTUMES THIS HALLOWEEN
{page 14}

LONDON metro®
Thursday, October 27, 2011
www.metronews.ca
News worth sharing.

Clock ticking on protest

Rumours swirl about looming eviction from downtown park ◐ No tickets issued as of yesterday, members report

ANGELA MULLINS/METRO

▶ Dale Groenendyk, 48, of London sits at a table in the heart of the Occupy London encampment yesterday afternoon shortly after word began circulating that the Victoria Park tent city may have worn out its welcome with city officials. Participants in the movement have been camping in the park since Saturday.

The city's patience is wearing thin with the Occupy London encampment in Victoria Park.

Mayor Joe Fontana said yesterday that city officials have received complaints about the protest, which includes about 35 tents and a makeshift kitchen.

"We understand and support the right of people to stage orderly and peaceful demonstrations. But we ask that the protesters respect our (bylaws), which do not allow structures in our parks, or activity that prevents others from enjoying our parks," Fontana said in a statement to Metro.

A city bylaw prevents setting up tents in parks. The bylaw also prohibits people from using parks between 10 p.m. and 6 a.m. As word about the mayor's stance buzzed around camp, several members of the movement said they had no intentions of packing up and heading home.

Some have been in the park since the occupation — modelled after those in other Canadian and American cities — started Saturday afternoon.

Mike Roy, 43, of London, set up his tent Sunday after participating in Occupy Toronto for eight days. He had no plans of leaving Victoria Park yesterday afternoon. That will remain the case, he said, even if the city starts handing out trespassing tickets.

The occupy protests started as a way to decry the growing gap between the rich and the poor.

"I think (city officials) need to come down here and see for themselves what's going on," said participant Adam Vandenakker, 25, of London. "Basically, what they are saying is (that) the law is the law and you have no human rights (by which) to make a stand."

Some city councillors have taken Vandenakker up on his offer. Occupiers said councillors Joni Baechler and Nancy Branscombe stopped by yesterday morning with coffee. ANGELA MULLINS

At 9 p.m. last night

- Participants in the movement have asked to be given a couple of days to come to a consensus about whether they will stay or leave. They also say they've asked for a meeting with city council to share their story. If it comes to a point where police move in, occupiers asked police that they be given time to get organized.

ROGERS

LONDON

Wireless Express
981 Wellington Rd. S
(519) 686-2084

Wireless Express
3039 Wonderland Rd. S, Unit C
(519) 691-0876

Wireless Express
Galleria Mall
(519) 858-3740

Wireless Express
320 Clarke Rd.
(519) 457-7367

Wireless Express
595 Fanshawe Park Rd.
(519) 473-7379

CHATHAM

Wireless Express
75 Keil Dr. S
(519) 351-4077

SARNIA

Wireless Express
1362 Lambton Mall Rd.
(519) 542-5429

Wireless Express
910 Exmouth St.
(519) 339-9717

ST. THOMAS

Wireless Express
Elgin Mall
(519) 637-0384

STRATFORD

McNain Communication
726 Ontario St.
(519) 275-2505

WOODSTOCK

McNain Communication
225 Norwich Ave.
(519) 539-1515

GODERICH

McNain Communication
Suncoast Mall
(519) 440-02025

NEWBURY

Wireless Express
22789 Hagerty Rd.
(519) 693-4484

ROGERS plus

LONDON

Westmount Shopping Centre
785 Wonderland Rd. S, Unit 53
(519) 657-6841

Masonville Place
1680 Richmond St. N, Unit L029
(519) 660-6135

White Oaks Mall
1105 Wellington Rd. S, Unit 413
(519) 691-0494

849 Wonderland Rd. S
(519) 474-2361

1920 Dundas St. E
(519) 451-6304

1225 Wonderland Rd. N
(519) 472-5442

1240 Commissioners Rd. W
Unit 106-107
(519) 473-4001

1030 Adelaide St.
(519) 645-2171

395 Wellington Road S, Unit 11-14
(519) 649-0533

CHATHAM

Downtown Chatham Centre
100 King St. W
(519) 351-9493

ST. THOMAS

308 Wellington St.
(519) 637-8029

TILLSONBURG

Tillsonburg Town Centre
164 Broadway St., Unit 1
(519) 842-5666

WOODSTOCK

705-709 Dundas St. W
(519) 421-3127

SARNIA

Oak Acres Plaza
1350 Colborne Rd.
(519) 336-9911

5-49 Finch Dr.
(519) 383-7707

THE HOTTEST SMARTPHONES

FOR JUST **1¢** with select 3-yr. plans*

SAMSUNG INFUSE™ 4G
- 4.5" Super AMOLED™ Plus display
- 8.0 MP camera
- Android OS 2.3

HTC EVO™ 3D
- Dual-core processor
- 4.3" 3D display
- Android OS 2.3

LG OPTIMUS 3D
- Dual-core processor
- 4.3" 3D display
- Android OS 2.2

SONY ERICCSON XPERIA™ ARC
- Mobile Bravia® engine
- 8.1 MP camera
- Android OS 2.3

BLACKBERRY® TORCH™ 9810
- BB7 operating system
- 5.0 MP camera

WHILE SUPPLIES LAST
ONLY UNTIL OCT. 31

SWITCH TO ROGERS™

ROGERS™ authorized dealer · ROGERS plus · «WIRELESSWAVE» · WIRELESS etc... · Costco WHOLESALE · FUTURE SHOP · SONY · booth · 2001 AUDIO VIDEO · BEST BUY · Walmart · BATTERIES N' gadgets · CELLULAR POINT

Offer available until Oct. 31/11 or while quantities last and is subject to change without notice. *With new activation on any 3-yr. term voice and data plan having min. $45 monthly service fee (plus Government Regulatory Recovery Fee of up to $2.97). Early cancellation fees apply. **±The Government Regulatory Recovery Fee varies by province and ranges from $2.35-$2.97/line/month ($2.35 AB/BC/MB/ON, $2.75 QC, $2.88 NB, $2.97 NL, $2.78 NS, $2.85 PEI, $2.97 SK).** It is applied to help fund fees, costs and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. **It is not a tax or charge the government requires Rogers to collect and is subject to change.** See www.rogers.com/regulatoryfee for details. A one-time Activation Fee of up to $35 (varies by province) also applies. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. ©2011

Kind. Coffee

▶ Sarah Wood, right, a staff member at the Regional HIV/AIDS Connection in London, hands out free coffee on King Street yesterday morning.

ANGELA MULLINS/METRO

AIDS Connection gets into the acts-of-kindness spirit

The giveaway was the AIDS Connection's way of participating in the 1,000 Acts of Kindness Challenge issued by LUSO Community Services. The month-long challenge started Oct. 1 and 3,132 kind acts had been reported by yesterday afternoon. For details, visit 1000acts.ca.

Updating the breath test

Police phasing out old breathalyzer units and replacing them with higher-tech versions
New equipment requires retraining officers MADD paid for one machine

London police are getting new tools to help catch drunk drivers.

Eighteen officers will receive training this week on new breath-test machines.

The three new machines are expected to arrive at police headquarters soon, replacing units that are at least 10 years old, Const. Dennis Rivest said.

The difference between the old units and the new equipment — called the Intoxilyzer 8000 — is like the gap between your new laptop and the one you bought a decade ago, Rivest said.

"The difference is just in the technology on them," he said. "As with any computer, … the technology improves, and basically that's what these are: they are high-tech instruments."

Mother's Against Drunk Driving paid for one of the new machines. Information about how much the units cost was not available yesterday.

COURTESY OF LONDON POLICE SERVICE

Chance to learn more about continuing education at UWO

The Student Success Centre at UWO will host the graduate and professional school fair today from 11 a.m. to 3 p.m. in the Western Student Recreation Centre.

All Western students and alumni interested in furthering their education should attend for an opportunity to speak with local, provincial, national and international representatives.

Prior to attending the fair, students and alumni are encouraged to review the participant list and learn more about the programs and associations attending the fair.

Who's going?

A complete list of groups attending the fair can be found at success.uwo.ca.

METRO

Trucker hits two medians in one day

Chatham-Kent OPP experienced a dangerous case of déjà vu on Tuesday.

Provincial police say a truck driver from Toronto drove into medians on the 401 in the Chatham-area twice that day.

OPP say a transport truck ran into the median near Duart Road, in the Rodney area, around 7 a.m. That afternoon, the same transport drove through the grass into the westbound lanes near Harwich Road. Police say the truck drove about 1.5 kilometres into oncoming traffic before stopping. AM980/AM 980.CA

1 news

A recent scientific breakthrough might be enough to persuade George H.W. Bush to reconsider his stance on broccoli. Scan the code for the story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

In an emotional plea, Rick Mercer calls on gay public figures to 'make it better now' for gay youth. Video at metronews.ca/video

Fighting back against high-tech garbage

UWO initiative aims to collect, create awareness about proper recycling of electronics Tweet @usc_ewastedrive to schedule a pickup at home, office

ANGELA MULLINS/METRO

▶ UWO students Paul Gallo, 21, left, and James Fazari, 22, load washed-up computer equipment into a vehicle yesterday on Hyman Street. Gallo and Fazari helped organize an electronic waste recycling effort that started Monday and so far has netted about two tonnes of electronic items ranging from cellphone batteries to televisions.

ANGELA MULLINS
@METRONEWS.CA

One cellphone battery, computer monitor and television at a time, a team at UWO is making headway in the battle against landfills piled high with electronic waste.

"Nobody really knows about it, nobody really thinks about (e-waste), nobody really realizes it's a big deal," student Paul Gallo said about properly recycling electronic waste. "But, it's a huge deal."

Gallo is helping lead an e-waste awareness campaign that kicked off this week at Western.

Through a collection bin outside the campus' University Community Centre and scheduled pickups throughout the city, the effort already has netted about two tonnes of high-tech garbage.

While Western has shown a commitment to environmental sustainability through a variety of initiatives, the e-waste drive is the first its kind for the university, said Gallo, 21, and James Fazari, 22, another student organizer.

Computer junk

- The UWO electronic waste drive will continue through at least Sunday.
- To schedule a pickup, email ewastedrivelondon@gmail.com or tweet @usc_ewastedrive.
- The computer equipment pictured above came from downtown's Ledroit Beckett law firm, one of several local businesses that have got involved.

For Gallo and Fazari, the e-waste problem hits close to home. With relatives who work in the recycling business, Gallo said they heard first-hand this summer about how bad the situation has become at landfills.

So, when they got back to Western this fall, they decided to do something about it.

"The best thing to do is (work) through students because they're the future," Gallo said.

All items collected during the campaign will be recycled through Greentec, a Cambridge firm that's part of the Ontario Electronic Stewardship program.

Ontario's deficit reduction expected to be a team effort

"Virtually all of the bank economists and others I've met with are quite confident the third quarter will return to growth. The real challenge for all governments is going to be next year. FINANCE MINISTER DWIGHT DUNCAN

Keeping on schedule to eliminate Ontario's $15-billion deficit is crucial and will require spending "adjustments," Finance Minister Dwight Duncan said yesterday as he released figures showing the province's economy shrank slightly in the second quarter.

It'll be up to all three parties in the minority parliament to make sure the deficit-reduction targets are met or the province could face a downgrade in its credit rating, especially if they get bogged down in partisan infighting, warned Duncan.

"Our principal challenge now is to make sure we get rid of the deficit and if we miss targets, we have to be cognizant of how markets will react," he told reporters. THE CANADIAN PRESS

METHADONE

New policy would put clinics near offices

Nearly one year after banning new methadone clinics from opening in London, the city has proposed a new policy to regulate future and existing clinics.

Last November, city council approved a temporary control bylaw so staff could determine where clinics should be located.

Now, under the proposed policy, smaller methadone clinics and methadone-dispensing pharmacies would be more widely spread out across the city rather than having large ones in busy areas. The clinics and pharmacies would be in retail or office areas away from downtown, where security would be more manageable. AM980/AM980.CA

London girl's finger bitten off by horse

A London girl had one of her fingers bitten off by a horse yesterday morning at O'Shea's Farm, north of the city.

"Middlesex OPP responded to an animal bite incident at 10:46 a.m., a four-year-old female from London was on a school trip at a farm on Stonehouse Line when she was bitten by a horse," said OPP Const. Liz Melvin.

The finger was not recovered.

The Ministry of Labour has been contacted and the incident is under investigation.

In hospital

- The condition of the girl wasn't available.
- She was taken to LHSC's Children's Hospital with non-life-threatening injuries.

According to its website, the farm provides a fall tour for pre-schoolers to Grade 4 students.

There were unconfirmed reports that it was a field trip from a school within the Thames Valley District School Board.

AM980/AM980.CA

Students to discuss crime trends

London Elgin Middlesex Crime Stoppers will host its annual student symposium tomorrow at 8 a.m. at the Thames Valley District School Board (1250 Dundas St.).

The symposium brings together students and staff from Catholic and Thames Valley school boards, as well as police educators and Crime Stoppers board members.

Participants discuss crime trends and education tips on how Crime Stoppers can help making schools safer. METRO

Mayor hosts virtual town meeting

Mayor Joe Fontana will hold a virtual town hall today from noon to 1 p.m. The discussion topic is downtown vision.

The webcast will originate from the Labatt Room at Covent Garden Market. Guests include Bob Usher (Covent Garden), Janette MacDonald (Downtown London) and James Yanchula and Sean Galloway (City of London). To connect to the online broadcast, go to the mayor's pages at london.ca and follow instructions. METRO

The dark world of Mexico's cops

Policing in Monterrey, Mexico, has become risky business This year, 100 officers have been killed
Metro delves into the world of Mexico's law enforcers and spends a day with them to learn how they work

METRO WORLD NEWS IN MONTERREY, MEXICO

JESÚS PADILLA/METRO WORLD NEWS

▶ Being a police officer is a dangerous profession in Mexico, as cops receive constant death threats from drug-gang members. Inset: Attacks on police are now commonplace.

Being a cop in Monterrey is considered a high-risk profession. The police in the capital of Mexico's northeastern state of Nuevo León receive constant death threats from drug-gang members and then do battle with them on the streets. Some extort money from citizens to make up for their meagre wages. Others receive payments from traffickers and become a halcón, or hawk, a kind of cartel informant.

If a cop doesn't comply with warring narcotic cartels, he'll be targeted and removed. So far this year, 100 law enforcers have been killed either by gunfire or grenade explosions.

At 7 p.m., we join a squadron in a local police station in downtown Monterrey. The team of three men and a woman begin patrolling Vista Hermosa, the Jewish quarter of the city until 7 a.m. At the doors to a convenience store, the guards stand on duty while eating some snacks. They carry high-calibre weapons and are protected by bulletproof vests. They drive an amped-up pickup truck.

Drinking on the street, grand and petty theft, damage to personal and commercial property and carrying weapons are the most common crimes in one night. On a quiet night, this station receives up to seven complaints of grand theft auto.

"I'd like to see a militarization of the police force. It's time to allow the army to patrol the streets of our cities"
ERVEY CUELLAR, MEMBER OF THE CITIZEN'S COUNCIL FOR PUBLIC SECURITY FOR THE STATE OF NUEVO LEÓN

Back at the convenience store, we notice that the law enforcement officials are calm and chat among themselves. And yet, clientele to the convenience store look restless and agitated by the presence of the police, undoubtedly due to the bad image they have earned over the years, either because they are easy targets for criminals to shoot at, or because they are easy pawns for drug traffickers to exploit and use.

Last February, Homero Guillermo Salcido Treviño, head of intelligence for Nuevo León state, was found dead, his body in a truck that caught fire in the centre of Monterrey — after he was kidnapped by two fellow officers.

2,400
Number of uniformed police officers working in Nuevo León. Monthly salaries for law enforcers are set on average at 15,500 pesos, or $1,160.

"The worst thing is you do not know which of your colleagues is selling you out to the bad guys," said one of Treviño's relatives.

In truth, it appears what comes out of your pocket could be the real difference between life or death, as we found out in our night in the police station's jail cells.

Police corruption

1 In the San Pedro district of Monterrey, those arrested for drunk driving offences can accelerate the processing of their case by paying law enforcers a small fee. Foreign nationals, however, are exempt from this processing to avoid diplomatic confrontations and are released immediately.

2 Up to $150 in cash is what detainees have to pay upfront to avoid a night in the cells.

3 While in some municipalities in the Monterrey metropolitan area, drivers can get rid of the penalties for drunk driving for up to $8, bribing a San Pedro traffic official becomes an impossible mission.

4 It's reported that out of every 100 police reports, 10.3 citizens paid a fee. On average they pay up to $13. More than 200 million acts of corruption reportedly occurred last year at all government levels, costing Mexican citizens around $2.4 billion.

Field notes

A NIGHT IN THE CELLS

From the first minute I knew I was going into the local police station in downtown Monterrey, my nerves went wild. By the back entrance, prisoners arrive, mostly for minor offences or positive alcohol tests.

Out of a group of two men and one woman, all of whom seem to be friends, one man is free to go. The 30-something was told his friends could be set free if they each paid $150. If not, 12 hours in the cells.

Beside the front door of the police station is an ATM from where he could get the money.

The police do not lose sight of the guy. He pays the fine; however, the police ask him to accompany them. They go down to the basement.

There, another officer asks for an increase in payment to speed up the release of his friends.

"How much is it?" the guy asks. "How much do you have?" the policeman replies.

The young man offers $37, but the police say they will not accept anything less than $225.

Again the police escort him to the ATM and ask if he has more money.

The man says his account has reached the limit and he can't withdraw more cash.

In the end, the 24-year-old girl is set free. It takes two hours for the second guy to be released.

EDITOR'S NOTE: FOR SECURITY REASONS, METRO MEXICO DOES NOT USE REPORTER BYLINES ON STORIES ON THE WAR ON DRUGS

Sex trade is a family business

Son allegedly introduced prospective employees to mom after working with them at teen phone help line

JAMES TURNER
@METRONEWS.CA
METRO CANADA IN WINNIPEG

A Winnipeg mom met prospective sex-trade employees for her brothel through her son, who befriended them after working with them at a telephone chat line for troubled youth, a Manitoba court has heard.

Police and justice officials uncovered this and other surprising details about the city's sex-trade after being tipped to probe activities at the now-shuttered bordello on a quiet Wolseley street in June 2009.

"She preyed on no one. What she did was illegal, yes. But she tried to provide a safe environment for those who chose to participate."
EVAN ROITENBERG, LAWYER

A 48-year-old mother of two pleaded guilty yesterday to running a bawdy house. The Crown dropped other charges, including a count of corrupting children. The criminal case against the woman's ex-husband was also quashed.

A publication ban prevents publishing any information identifying people at the heart of the high-profile case, including the woman's children, who were 11 and 17 at the time of her arrest and lived in the home. A system was in place to ensure the younger child wasn't there when clients visited, court heard.

Following two weeks of surveillance, a police raid led to the seizure of business records showing the woman employed upwards of 12 sex-trade workers across various periods starting in early 2008.

The records included schedules of workers' various shifts, along with financial ledgers and Internet chat logs.

INDIA
LONDON
REDDI RAO
Sub Investigator/Senior Clinical Coordinator, KGK Synergize Inc.
SOURCE LOCALLY. HIRE GLOBALLY.
Today's shortage of skilled workers will only get worse. The good news is untapped talent is already here. One in five Londoners are immigrants and most are professionally trained. That's why hiring immigrants is the right thing to do – it makes for good business.
CONNECT WITH TALENT | GET PEER-TO-PEER EXPERTISE
CALL US TODAY!
519-663-0774
WWW.LMIEC.CA
L M I E C
London Middlesex Immigrant Employment Council

Winter. Storm

▶ Mitch Buthod, of the Boulder Forestry Dept., clears large limbs from the yard of a home in Boulder, Co., yesterday.

PAUL AIKEN/THE DAILY CAMERA/THE ASSOCIATED PRESS

Power knocked out

A winter storm knocked out power to at least 62,000 homes and businesses along the Front Range in Colorado yesterday. The area from Boulder north to Larimer County has received most of the snowfall in the eastern half of the state.

Quebec will not bite bullet on gun registry

The Harper government's plan to not only kill the long-gun registry, but subsequently bury its data has run into resistance in Quebec, which wants to bring the controversial program back from the dead.

The provincial government says it intends to keep using the gun registry on its territory and will fiercely oppose plans to destroy the data.

Speaking at a news conference in Quebec City, Public Security Minister Robert Dutil yesterday refused to rule out legal action among his options.

A spokesman later explained that the province's Plan A is to maintain a respectful dialogue with Ottawa and negotiate a mechanism to save the records. If that fails, Plan B options will be weighed. **THE CANADIAN PRESS**

Pain and sorrow haunt Turkey quake survivors

BURHAN OZBILICI/THE ASSOCIATED PRESS

▶ Women watch as Turkish rescuers, unseen, continue to search for their relatives trapped under the debris of a collapsed building in Ercis, eastern Turkey, yesterday.

Murat Sonmez's mother, wife and four daughters were crushed to death in their home by Turkey's 7.2-magnitude earthquake, leaving him so distraught he found it difficult to speak.

While media coverage has centred on tales of against-the-odds rescues including, a two-week-old baby girl who was pulled alive from the rubble, most stories of the trapped have ended the way that Sonmez knows, with death and unfathomable pain for those left behind.

"I was not at home," Sonmez said, lapsing into silence at times yesterday. "God gave them, God took them away. I can't find anything to say.

"I can't describe my pain," he said as he stood by a levelled four-storey apartment building.

Elsewhere in Ercis, the town hit hardest by the quake, two teachers and a university student were rescued from ruined buildings yesterday, but searchers said hopes of finding anyone else alive were rapidly fading.

Excavators with heavy equipment began clearing debris from some collapsed buildings. **THE ASSOCIATED PRESS**

Toronto's tuskers head for California

Toronto city council voted 31-4 on Tuesday night to send the Toronto Zoo's three elephants to a California sanctuary.

The program came under fire earlier this year, when former game show host Bob Barker said Toronto was too cold to house the giant beasts.

The zoo's board later voted to close the elephant exhibit and find a new home for Toka, Thika and Iringa.

The board wanted them to go to a U.S. zoo accredited by the Association of Zoos and Aquamarines, but there was a chance they would go to one in a cold climate. Instead, the elephants will go to a sanctuary with plenty of open land. **THE CANADIAN PRESS**

Tight. Fit

▶ Rescue personnel gather around a man who became stuck in a tree on Tuesday in Laguna Hills, Calif.

ORANGE COUNTY FIRE AUTHORITY/THE ASSOCIATED PRESS

Stuck man rescued

Orange County deputies found the man stuck up to his chest inside a narrow hole in the trunk, which extended about four or five feet underground. The man was later rescued

Force unnerves activists

Some cities going ahead with plans to evict anti-Wall Street protesters

The display of police force in Oakland and Atlanta has unnerved some anti-Wall Street protesters.

While demonstrators in other cities have built a working relationship with police and city leaders, they wondered yesterday how long the good spirit would last and whether they could be next.

Will they have to face riot gear-clad officers and tear gas that their counterparts in Oakland faced on Tuesday? Or will they be handcuffed and hauled away in the middle of the night like protesters in Atlanta?

"Yes, we're afraid. Is this the night they're going to sneak in?" said activist William Buster of Occupy Wall Street, where the movement began last month to protest what they see as corporate greed.

"Is this the night they might use unreasonable force?" he asked.

The message, meanwhile, from officials in American cities where other encampments have sprung up was simple: We'll keep working with you. Just respect your neighbours and keep the camps clean and safe.

THE ASSOCIATED PRESS

Undecided

▶ **Occupy Nova Scotia protesters have not yet decided whether to heed a request to leave a public square in front of Halifax City Hall. Mayor Peter Kelly has asked the group to move to another space by Nov. 6 so that Grand Parade can be cleaned up.**

THE CANADIAN PRESS

RBC Royal Bank®

Get instant results with our Rate Loss Program.

Switch to an RBC Homeline Plan® credit line and pay only prime + ½% vs. prime +1% at your bank.

Join the thousands who have lost rate and saved thousands of dollars.

Introducing the RBC Rate Loss Program: a fast and easy way to go from paying 4% (prime + 1%) at your bank to 3.5% (prime + ½%) by switching to an RBC Homeline Plan® credit line. You could save as much as $5,000 in interest payments† and worry less, sleep more and feel better. **And we'll even cover your switching costs*.** So get with the program – and lose the rate you've been carrying today.

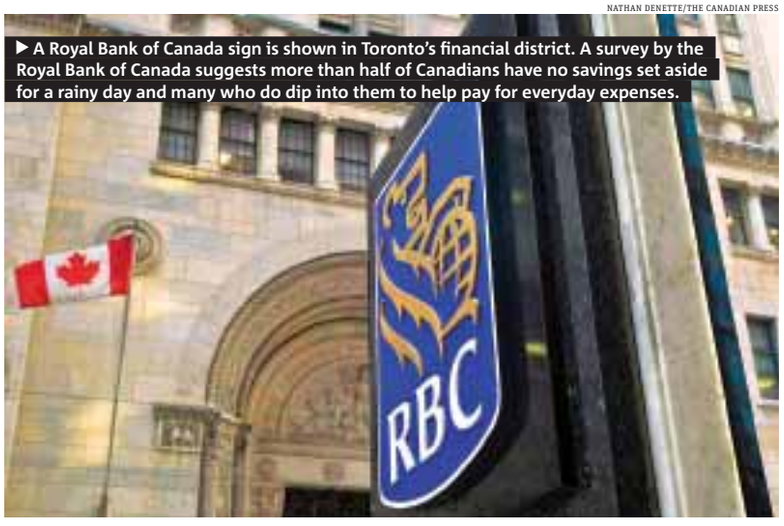
Visit any of our convenient branches or speak with your local RBC Royal Bank® mortgage specialist today. 1-866-864-0420

Advice you can bank on™

TM

*We will pay the basic title insurance fee (not including migration fee), appraisals/property valuation fee and one discharge/switch out fee at another financial institution (up to $300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance $50,000. †Savings based on $100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% annual interest rate to a 4.0% annual interest rate. The interest rate will fluctuate with the Prime rate and is subject to change at any time without notice. Rate is effective as of September 20, 2011. Personal lending products and residential mortgages are provided by Royal Bank of Canada and are subject to its standard lending criteria. ® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

NATHAN DENETTE/THE CANADIAN PRESS



▶ A Royal Bank of Canada sign is shown in Toronto's financial district. A survey by the Royal Bank of Canada suggests more than half of Canadians have no savings set aside for a rainy day and many who do dip into them to help pay for everyday expenses.

Two surveys, same consumer worries

Consumer confidence hits lowest level since 2009, representing the fifth decline over the last six months

Consumer confidence has dipped to levels last reported two and a half years ago during the depths of the recession, as Canadians grapple with higher everyday costs, record debt and fears of major downturn.

The Conference Board of Canada said yesterday that its index of consumer confidence fell 3.3 points to 71.8. The index, based on a survey conducted this month, is measured against a reading of 100 in 2002.

The drop overshadows a slight improvement in September after a dismal report in August.

A separate survey released yesterday by the Royal Bank of Canada garnered the same results.

36%

Only 36 per cent of respondents believed now its a good time to make a major purchase according to the Conference Board survey.

Both indicators come as Canadians deal with higher prices for gasoline, food and clothing, record debt loads spurred by ultra-low interest rates, as well as stock market turmoil that has eroded nest eggs amid signs of slowing economic growth.

"If you look at the economic environment of late and all the doom and gloom out there and talk of double-dip recession and Europe default and the like, obviously consumers are picking up on that negative sentiment," said Craig Wright, chief economist at RBC.

Economists watch consumer confidence closely because household spending accounts for more than half of overall economic activity in Canada. However, it can be an unreliable indicator because it relies on what people say about their intentions rather than their actual behaviour.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
+ 76.31 (12,186.06)	+ 1.12¢ (99.52¢ US)

Oil	Natural gas
- 2.97¢ US ($90.20 US)	$3.590 (- 6.8¢)

Gold $1,723.50 (+ $23.10)

Users rounded up to help sue RIM for outage

Canadian BlackBerry users affected by Research In Motion's global outage earlier this month are being asked to join in a proposed class-action lawsuit seeking refunds for the downtime.

Consumer Law Group Inc. of Montreal said it has filed a nationwide suit against BlackBerry maker RIM and claims the company has failed to directly compensate BlackBerry users, who pay monthly data fees to wireless carriers.

"The class action involves RIM's failure to take action to either directly compensate BlackBerry users or to indirectly compensate BlackBerry users by arranging for wireless service providers to refunds their customers and to take full responsibility for these damages," the group said in a statement.

RIM is offering its 70 million BlackBerry customers worldwide $100 worth of pre-selected software applications from its BlackBerry App World.

DAVE CHIDLEY/THE CANADIAN PRESS

▶ An employee holds a Blackberry Bold Touch smartphone.

Some users have complained they don't want the apps and would prefer to be compensated by RIM via their wireless carrier bills.

The lawsuit needs to be certified by a judge as a class action before it can go forward. THE CANADIAN PRESS

RIM Playbook

- Research In Motion is delaying the launch of an upgraded operating system for its struggling PlayBook computer tablet until February 2012, as it says the new version isn't up to its standards.
- The updated operating system was meant to be available this month with features including the ability for BlackBerry users to automatically access their email, contacts and calendar on the PlayBook.
- The updated operating system also won't have BlackBerry Messenger in the February release.
- BlackBerry smartphone users will be able to continue to use BlackBerry Bridge app to access BlackBerry Messenger Service on the tablet.

Canada could dodge a recession: Bank of Canada

Battered by European debt woes and a global slowdown, Canada's economy is approaching stall speed as the year closes, but is likely to avoid a recession, predicts the Bank of Canada.

The central bank fleshed out its new outlook for the global and domestic economies yesterday, saying Canada's growth rate will dip as low as 0.8 per cent in the last three months of the year, after rebounding to two per cent in the third quarter.

That's a massive downgrade from what the bank had been expecting for the second half of this year, when in June it predicted growth rates approaching three per cent.

But bank governor Mark Carney said the global picture had materially worsened in the past few months when global confidence has been shaken by the escalating European debt crisis, a weaker U.S. economy that puts the country at risk of a slump and even slowing growth in emerging nations, including China.

The new projection shows global growth braking to 3.1 per cent in 2012 from a weak 3.8 this year, and the U.S. barely edging about above one per cent until the middle of 2012.

Amid this sea of trouble, Canada remains a relative safe harbour but not unaffected. THE CANADIAN PRESS

News in brief

Suing over water bottles

LAWSUIT. California's attorney general's office has sued three companies over allegations they misled consumers and violated state law by marketing plastic water bottles as biodegradable. It is illegal to label a plastic food or drink container as biodegradable under California law.

The lawsuit names ENSO Plastics, a Mesa, Ariz., bottle-maker, and water sellers Aquamatra, of Dana Point, Calif., and Balance Water, of West Orange, N.J.

THE ASSOCIATED PRESS

High gas prices are for real

OIL. The Bank of Canada says Canadians aren't imagining things when they notice gas prices are unusually high given the posted price of crude oil.

The bank confirmed yesterday that the price of gasoline in Canada has increased by more than the price of WTI (West Texas Intermediate) oil. And gas prices have largely failed to decline in conjunction with WTI.

The bank said gas prices are generally composed of the price of crude, taxes and profit margins for refineries and retailers. THE CANADIAN PRESS

STEEL GRILL

Full Service Catering and Event Planning for elegant in-home parties, showers, weddings, corporate events and more...

Contact Tami Collins

519-453-8222

tamicollins@rogers.com

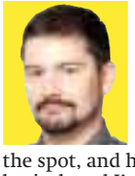
thesteelgrill@rogers.com

www.steelgrill.com

CONFESSION: I HAVE A THING FOR THE GOP

HE SAYS ...

JOHN MAZEROLLE
METRO



The U.S. has been a beacon for millions of people, but I'm probably the only person who's ever wanted to head there because of Republican presidential debates.

Yes, America's Grand Old Party is calling and I'm starting to listen.

Now before you have me maple-syruped and feathered, let me be clear: I love Canada. Anne Murray's as sexy as ever, peameal bacon wrapped in dulse and washed down with Clamato still hits the spot, and hearing the opening strains of "I'm a lumberjack and I'm OK" always brings a tear to the eye.

It's just that I find the Republicans — and the heartland that supports them — deeply alluring because, well, because they seem kind of nuts. It's a way-out foreign culture, every bit as exotic as those far-flung reaches of the globe I clamour to visit.

Canadians have a tendency to think of our southern neighbours as merely heavier, prouder, louder versions of ourselves — sort of Canucks dialed up to 11. But the Republican presidential debates remind me how wrong that is.

"So though my gut reaction is to roll my eyes or worse, I instead want to learn the ways of this bizarre culture."

Usually, American TV misleads us, since it's made by liberal places that most urban Canadians find easy to swallow, like New York and Hollywood.

Watching the American TV programs I did growing up, I believed that any young American tadpole (The Muppet Show) can admit to being gay (Ellen) but continue movin' on up (The Jeffersons) until he can afford a New York loft apartment that would cost more than the Iraq invasion (Friends).

On most American TV, the U.S. seems like Canada with better temperatures and thinner people.

But the Republican debates show me a culture so different I barely comprehend it. People applaud the mention of the death penalty. Nobody seems to know what taxes are for. Rick Santorum is seen as a normal person.

This is a place I want to learn about. If this were any other continent, I'd be deeply interested. I'd want to understand.

So though my gut reaction is to roll my eyes or worse, I instead want to learn the ways of this bizarre culture.

I want to see heartland America — more Jerry Falwell, less Jerry Seinfeld. More Bible Belt, which holds up the britches of the nation. Less San Francisco, where pants are optional.

This will require research, so I plan to watch a lot of bad television, eat free-range beef and drink beer, as befits my current, close-minded understanding of heartland America.

Come to think of it, I've been researching to be an American all my life.

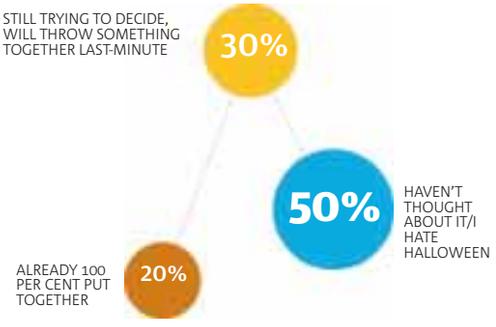
I'm gonna melt right in.

Read more of John Mazerolle's columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How far along are you in preparing your Halloween costume?


STILL TRYING TO DECIDE, WILL THROW SOMETHING TOGETHER LAST-MINUTE
30%
50%
HAVEN'T THOUGHT ABOUT IT/I HATE HALLOWEEN
ALREADY 100 PER CENT PUT TOGETHER
20%

Local tweets

- **@christine_moss:** #seelondon will move to a "bring your own lunch" format next month, more info coming soon!! #socent #ldnont
- **@unconvmummy:** I'm on a #follow spree - show me your value and I will follow you back! #ldnont #canada #twitter
- **@bjenkin27:** Liesurely morning before a longggg day of studying! Lovinnnn life right meow. #UWO
- **@diegolovesdora:** My three week sojourn into hell is nearly complete. Now for the last two essays before a brief respite and a 2nd journey. #uwo
- **@aguthriee:** Debate is getting heaaaated! #sojokes #ilovemyprogram #uwo
- **@natebe4:** I need a windows 7 disc!!! #ldnont
- **@AdamMalamis:** Getting our team ready for #movember #ldnont
- **@timfelsky:** Anyone else find it interesting EPCOR is owned by the City of Edmonton? What business does #ldnont own? Why not buy their power authority?

Letters

Cudos and a big "Well Done" to the CPC for living up to their promise to rid us of the ineffective and expensive long-gun registry. Hopefully this is only step one in the process of ridding Canada of other such failed and failing social engineering projects. It's a refreshing change to have some common sense coming out of Ottawa.

MR. KEN DECARLE
GABRIOLA ISLAND, B.C.

So the government introduces a bill to scrap the long gun registry because "we don't want laws that target law-abiding citizens."

But Bill C-11, to amend the Copyright Act, does exactly that — by making it illegal to circumvent digital locks that prevent copy owners from exercising their rights under the Act. At least gun owners currently get to use their property legally — C-11 will make it illegal to watch your own imported DVDs (because you have to bypass the region encoding TPM to do so).

CHRIS BRAND
VANCOUVER, B.C.

PHOTO CHALLENGE

▶ This photo, titled Hidden Beauty, was submitted to the Fashion category by nejlaskaratas from The Netherlands.

photo of the day

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition.
Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Earth invaded by Lego man

The sight of an eight-foot-tall Lego man evokes the paranormal and the unexplained, according to beachgoers on the Siesta Key Beach.

The statue, with the grammatically incorrect phrase "No real than you are" written on its chest, was discovered early Tuesday morning in Sarasota, Fla., according to the Daily Mail.

"I figured he probably fell down from up above somewhere," one man told Tampa Bay 10 News.

"I kind of think it was from the UFO people," a female passerby told the news station.

SARASOTA COUNTY SHERIFF'S OFFICE/THE ASSOCIATED PRESS

▶ "I am here to discover and learn about your world and thoughts," the figure's website says.

The Washington Post reported Ego Leonard, the name on the back of the statue, could also be the artist responsible for the prank. The Sarasota Herald-Tribune emailed the artist for a comment, and his reply came back written as if it was from the Lego man himself. METRO

metro
METRO LONDON • 350 Talbot Street • Main Floor London ON • N6A 2R6 • T: 519-434-3556 • Fax: 888-474-3094 • Advertising: 519-434-3556 Ext. 2222 • adinfolondon@metronews.ca • Distribution: london_distribution@metronews.ca • **Publisher** Irene Patterson, **Managing Editor** Jim Reyno, **Sales Manager** Charlotte Piper, **Distribution Manager** Rob Delvallet • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

The Evil (singing) Dead

The Grand Theatre plays host to the blood splattering fun that is Evil Dead: The Musical

BACKSTAGE PASS

AMANDA GRANT
METRO LONDON

Show tunes and fake blood — what could be better this time of year?

Evil Dead: The Musical features both in its London production, running at the McManus Theatre until Saturday.

"I wanted to bring this to London because it's a show the city has never experienced before," says the show's director John Iglesias.

The show appeals to a younger audience, horror fanatics and a crowd less familiar with McManus Theatre, a smaller venue within The Grand Theatre, Iglesias says.

"This was part of my mission statement to the Grand Theatre," Iglesias says.

"The show would bring a new audience!"

The musical, written and first performed in Toronto, is based on Sam Raimi's cult films The Evil Dead, Evil Dead 2 and Army of Darkness.

After opening in 2003 the show drew crowds around the world, including an off-Broadway run in 2006.

The show is set in a deserted cabin in the woods where five college students go to spend their spring break.

Shortly after arriving, they accidentally unleash an evil force, leading to Tarantino style death scenes and crass comedy.

Known for its over-the-top acting, crude jokes and splatter zone (be warned the first three rows of the audience get caught in bloody crossfire throughout the show), Evil Dead: The Musical is about having fun.

"The play is jam-packed with overexcited songs and campy acting, so everyone in the audience marches out with a smile, and possibly, with a little blood on their hands," Iglesias says.

Iglesias drew on local talent to choreograph, design and act in the amateur production.

"All I want out of this experience is to have the cast and crew showcase their talent and gain opportunities. That's it," he says.

Evil Dead: The Musical runs nightly at 8 p.m. and has a 2 p.m. matinee on Saturday.

Tickets are $30 available through the Grand Theatre box office.

CONTRIBUTED

▶ Evil Dead: The Musical runs nightly at 8 p.m. and has a 2 p.m. matinee on Saturday at the Grand Theatre.

Other events

Devil's Night at Museum London

Music There are lots of ways to get into the Halloween spirit in London this weekend. On Friday, Museum London host's Devil's Night, an evening of live music, mask-making and after hours gallery tours. Tickets are $10 for a four-band lineup and two DJ sets including performances by Sandro Perri and The Riderless. The event starts at 9:30 p.m.

Horror without the horrible

Horror-themed TV celebrating thrills all year long

Halloween-themed TV specials are popping up all over the dial this week but there's nothing special about the spooky holiday for an increasing number of shows that tell terrifying tales all year long.

Scarefests such as The Walking Dead, Ghost Hunters, True Blood and Lost Girl — as well as the upcoming American Horror Story and Grimm — are doing their part to keep Halloween running 365 days a year, making the macabre more mainstream in the process.

"In a sense you could say every episode is a Halloween episode," actor Chris Leavins says of his Canadian horror-comedy Todd and the Book of Pure Evil, which returns for a second season Sunday on Space.

Ghosts, ghouls, vampires, zombies and creatures of all sorts have overtaken the small screen — and they're no longer just relegated to specialty digital channels, says genre expert Teddy Wilson of Space's flagship entertainment show InnerSPACE. THE ASSOCIATED PRESS

HANDOUT/THE ASSOCIATED PRESS

▶ Connie Britton stars in American Horror story.

2 scene

Walking Dead

AMC network said on Tuesday that its hit zombie drama, Walking Dead, just two weeks into a second season, will be returning for a third season. Sunday's episode drew an audience of 6.7 million viewers for the early airing
THE ASSOCIATED Ppress

Simon Cowell talks voting on The X Factor by using social media like Twitter and Facebook

Aniston sets record straight

Jennifer Aniston is speaking out about her personal life, chatting with Hello magazine to clear up a couple of rumours. "Rumour number one: I am not planning to get married any time soon," says Aniston, who is currently dating Justin Theroux. "I've been married once, and I don't know if I'll get married again.

Of course, that wasn't all she wants to clear up. "And rumour number two, we're not pregnant," she says, addressing speculation about her weight.

"It's just I quit smoking, so I've gained a couple of pounds."

METRO

ALL PHOTOS GETTY IMAGES

▶ Jennifer Aniston

The Metro News Just For Laughs Comedy Tour Contest

CapitalOne

Just for laughs Comedy Tour '11

YOU COULD WIN FRONT ROW TICKETS AND A TRIP FOR TWO TO LONDON, ENGLAND!

Go to www.clubmetro.com to enter today!

PRIZES:

1) Win a pair of front row tickets to the Capital One® Just For Laughs Comedy Tour show at Centennial Hall on November 2!

2) Grand prize:
a trip for two to London, England, including Business Class flights courtesy of Delta Air Lines and four nights accommodation, plus a few other GOODIES!

Contest closes October 27, 2011. Open to Canadian residents over the age of majority, excluding Quebec and the territories. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) For Laughs Comedy Tour show in London. Winner in London will be pooled with similar winners in Halifax, Toronto, Ottawa, Calgary and Vancouver for the Grand Prize draw. There is one (1) Grand Prize of a trip for two to London, which includes return Business Class airfare and four nights of hotel accommodation, valued at approximately $11,000 CAD (based upon departure from Halifax, actual value may vary depending upon time and year of departure).

Line-up subject to change.

Just for laughs Live

CapitalOne metro metronews.ca Comedy The comedy network BRITISH COUNCIL British High Commission Ottawa DELTA

HAHAHA.COM/COMEDYTOUR

Celebrity tweets

Today, Joan Rivers is passing judgment, Will Arnett is trying to keep up with online lingo, Victoria Beckham is feeling popular, and Conan O'Brien is considering his investments.

@Joan_Rivers

"DR. CONRAD MURRAY IS GUILTY (of wearing boring ties)!!!!!"

@victoriabeckham

wow! two million followers!!Thank u so much for all your support!!!!

@arnettwill

"pwned".. Are we back to saying that yet? Where are we on "Epic Fail"

@ConanOBrien

"Gaddafi may have been worth $200 billion when he was killed. Even more tragic, he was just 2 days away from retirement."

More bail for the Lohans

The estranged father of actress Lindsay Lohan made his first appearance in court on domestic violence charges. Judge Walter Heinrich set bail at $5,000 for Michael Lohan on Wednesday.

Lohan is accused of grabbing his on-and-off girlfriend and pushing her down multiple times during an argument at her Tampa condo Sunday. The judge told Lohan to stay away from 28-year-old Kate Major.

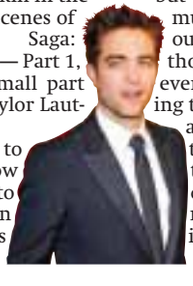
Authorities say Lohan went to Major's condo and that she decided to let him stay even though she had a temporary domestic violence injunction against him in Sarasota County.

THE ASSOCIATED PRESS

Pattinson feared showing skin

Robert Pattinson admits that he was nervous about showing some skin in the more intimate scenes of the Twilight Saga: Breaking Dawn — Part 1, thanks in no small part to his co-star Taylor Lautner.

"You have to worry about how you're going to look," Pattinson tells Mexico's 15a20.



"I had never been so worried about that before, but after seeing how much Taylor works out for the movies, I thought, 'Well, everybody is really going to judge me now.' I always tried to think about positions where I could tense the muscles, and suck in my belly."

METRO

How does the Versace for H&M 'greatest hits' collection stack up against the real thing?
Metro's Kenya Hunt compares the high street clothes, which are based on the luxury brand's past collections, with the expensive originals.

The archives for less

When you consider that they all tend to follow the same formula, it's hard to believe that collaborations between famous designers and mass market brands can still generate the level of excitement that Donatella Versace's new collection for H&M has.

Each launch, without fail, comes with the shiny 'Greatest hits!' label attached.

But let's be honest; shoppers want dresses that scream designer, not chintzy knockoff — as in, "Are people staring at me because they think this is the real thing or because my skirt looks flammable?" Frankly, there haven't been a whole lot of high-low collaborations that have struck the right balance.

So with that in mind, we compare H&M's latest with a few standouts from the Versace archives.

CATWALKING

1

This dress, which is straight from the SS'12 show, has that "just off the runway" feeling. The H&M version may not have the leather strips and asymmetry that the catwalk dress does, but it impressively nails the maximal, studded to the Gods look of the original.

CATWALKING

2

Donatella replaces the original's Greek key pattern — a trademark of the Versace house that appears on other items in the H&M collection — with graphic hearts. The patterned fringing and cut-out shoulders are just right.

CATWALKING

3

These tropical trousers will make a colourful alternative to the festive cocktail dress for your office holiday party. That said, the H&M incarnation out-Versace's the Versace pants in loudness, even if they are missing the little baroque patterned trim at the hem.

CATWALKING

4

On paper, the two are nearly identical. The flashy buckle and gilt waistband are there. But the H&M belt may turn silver after a few too many wears.

The grade

As far as greatest hits collections go, the H&M line feels more like new Versace than old. But it does a great job of recreating the brand's money-is-no-object look by steering clear of fancy fabrics that are impossible to re-do on the cheap and sticking with the fun details that make the garments stand out in the first place. That said, maybe just steer clear of the gold accessories.

Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:
When it comes to Halloween partying, should we dress for STYLE or COMFORT? And what is scarier: having bad style...or being uncomfortable?

- **@MrsMurray_at_FT:** It's scarier to have bad style, always.
- **@Jeanne_Beker:** SO, if it's a SCARY "costume" we're after, I guess just exercise BAD TASTE!
- **@dangoodbaum:** more importantly: sexy or scary? I say Amish costume beats sexy nurse hands down.
- **@Jeanne_Beker:** Both those looks sound equally scary if you ask me...

▶@Jeanne_Beker: Edgy elegance @Denis_Gagnon

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV.
JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

3 life

Fiction to fashion

TATTOO LINE

Swedish fashion retailer H&M says it will release a collection of clothes inspired by the rebellious character Lisbeth Salander in Stieg Larsson's bestselling crime novel The Girl With the Dragon Tattoo. The fashion chain says the collection is designed by designer Trish Summerville, who created Salander's outfits in David Fincher's upcoming U.S. film versions of Larsson's three-book crime series.

THE ASSOCIATED PRESS

Fashion icon Margit Brandt dies; instrumental in breakthrough for Danish fashion

JUPITERIMAGES/BRAND X PICTURES/THINKSTOCK

Go Mad over vintage

Don Draper character from Mad Men and Christina Ricci's character from Pan Am will be popular costumes this year More pop culture ideas to get your creative juices flowing

STEPHANIE ORFORD
FOR METRO

Halloween is the only time of year when it's acceptable to dress like Lady Gaga, so we say throw your sense of taste to the winds and let loose. Whether you craft your costume from scratch or buy it pre-made, here are some suggestions from the zeitgeist and the 2011 Value Village Halloween Shopping Survey to help get your creative juices flowing:

Classics revisited

Movies in 2011 are crawling with some serious Halloween costume fodder. Movie makers this year had a field day with pirates, vampires, wizards, mutants and robots. Watch for twists on these classic costumes, inspired by top-grossing franchises released this year including Pirates of the Caribbean, True Blood, Twilight, Harry Potter, X-Men, and Transformers. New versions of kids' classics Winnie the Pooh, The Smurfs and The Muppets will also be popular choices for all ages.

▶ Jon Hamm as Mad Men's Don Draper.

Reality TV

Watch costume stores this year for sparkly Dancing With the Stars garb, and, as fascination with Jersey Shore shows no signs of slowing, a rash of leopard print and Snookie wigs as well as gold chains plus ab-bearing tank tops á la The Situation.

Sci-fi/ fantasy

On the sci-fi/fantasy front, expect futuristic Green Lantern and Tron body-suits.

▶ Christina Ricci as Maggie Ryan in Pan Am.

Vintage looks

Or take advantage of the popular sexy mid-century looks that have seeped into TV and fashion this fall. You will probably partake in a glass of witch's brew with more than a few impeccably dressed Don Drapers and Joan Holloways á la Mad Men, or alongside '60s air hostesses channelling Christina Ricci's new show Pan Am.

KRAFT CANADA PHOTO

Mummy Cupcakes

Ingredients :

- 1 package (2-layer size) chocolate cake mix
- 14 Oreo Cookies, coarsely chopped
- 1 package (4-serving size) Jell-O Vanilla Instant Pudding
- 1 cup cold milk
- ¼ cup icing sugar
- 2 cups thawed Cool Whip Whipped Topping
- 48 Baker's Semi-Sweet Chocolate Chips

Preparation:

1 Heat oven to 350 F. Prepare cake batter as directed on package; stir in cookies. Spoon into 24 paper-lined muffin cups. Bake 20 to 25 minutes or until toothpick inserted in centres comes out clean. Cool cupcakes in pans 10 minutes; remove to wire racks. Cool completely.

2 Beat pudding mix, milk and sugar in large bowl, whisk 2 minutes, stir in Cool Whip. Spoon into pastry bag fitted with basket-weave tip.

3 Pipe pudding mixture onto tops of cupcakes. Add chocolate chips for the eyes. Keep refrigerated.

See Kraft Canada (HalloweenCentre.ca) for more Halloween recipes.
KRAFT CANADA

Fall for sophisticated pops of colour

Spicy autumn colours are all the trend ◗ Add small kicks of deep purple, brick red, rich pinks or burnt orange

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

As we prepare to welcome fall into our homes, we can officially leave the light, breezy tones of summer behind and turn to the deeper shades of the upcoming winter season.

The classic colours associated with autumn are burnt oranges, brick reds, dark plums and deep cranberries.

Bright, crisp colours feel less fashionable now and the colours of fall are dramatic, strong and exotically sophisticated.

Some may recognize these trendy tones as those that defined decor of the '70s and '80s (remember rust corduroy sofas and E-ZBrick faux walls?) but what goes around rarely comes back the same way.

Deep reds and rusty oranges have reappeared in more formal textures like silk, rather than the casual corduroy and heavy fabrics of their past lives.

Warm greys and cool taupes are still the ultimate neutral, but pops of spiced colour on a focal point or accessory are fun ways to bring in colour without a major commitment.

Adding small kicks of deep purple, brick red, rich pinks or dark orange to an accent wall, patterned pillow, glass lamp, or two side chairs in a living room can make a big impact with the trends.

The best way to incorporate the sophisticated drama of fall's hottest hues is to contain it to small areas around your space.

Come see me!

I'll be speaking on the main stage at the International Home Show on Oct. 27, 28 and 29.

- **Get some advice:** I'll also be answering your decorating questions one-on-one Friday and Saturday, so bring your floorplans, photos and samples along.
- **For more information and tickets,** visit international-homeshow.ca.

WEST ELM

▶ Kilim upholstered sofa adds fall's rich purple and red in an exotic way. Kilim Sofa, West Elm

BENJAMIN MOORE

▶ Benjamin Moore's Rhubarb is fall's go-to fashion colour.

Paint the inside walls of a coat closet in a bold, high-gloss colour and get a big burst of shine every time you open the door.

Perk up forgotten spaces like small ceiling areas in an entryway or powder room and add punch by simply painting your linen closet door a strong trend colour.

Beyond walls and ceilings, furniture can also be updated with a dash of drama.

The interior of an armoire or china cabinet could be painted or wallpapered to leave just a hint of colour and texture peeking through.

High-gloss provides sheen and shine, allowing hits of colour to really stand out while adding glamour.

Consider reupholstering your dining room seat cushions a rich purple, rust or cranberry to add a surprise of colour when dining.

BENJAMIN MOORE

▶ An accent wall painted Benjamin Moore's Rhubarb can warm up a neutral space.

POTTERY BARN

▶ Add colour to your space with exotic accessories like genuine Kantha throws, Pottery Barn.

Creating haunted chic

SALLY MORRIS
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Want to turn your humble abode into a haunted house? Lifestyle expert Kelly Moore offers easy tips for eerie entertaining this Halloween.

Mummify your chairs

"Using tea bags and warm water, stain several rolls of white gauze to make it look like they've been buried underground for years. Simply wrap the chairs with the gauze and secure it in place using poster strips."

Create a centrepiece with freaky literature

"Stack scary old books such as Frankenstein and Dracula on tables and benches in the home. Add a few candles on top of the stack to help add height and dimension."

Invoke abandoned mansion chic

"Stretch out thin layers of cotton and secure it in place using Command mini hooks. Then add plastic spiders and other creepy crawlers."

Make eerie mood lighting

"Cut Halloween shapes, such as cats and bats, out of black construction paper. Then adhere them to the inside of an inexpensive lampshade using poster strips. When the lamp is turned on, spooky shadows will illuminate the room."

ISTOCK

▶ Give your treat-or-treaters something to remember.

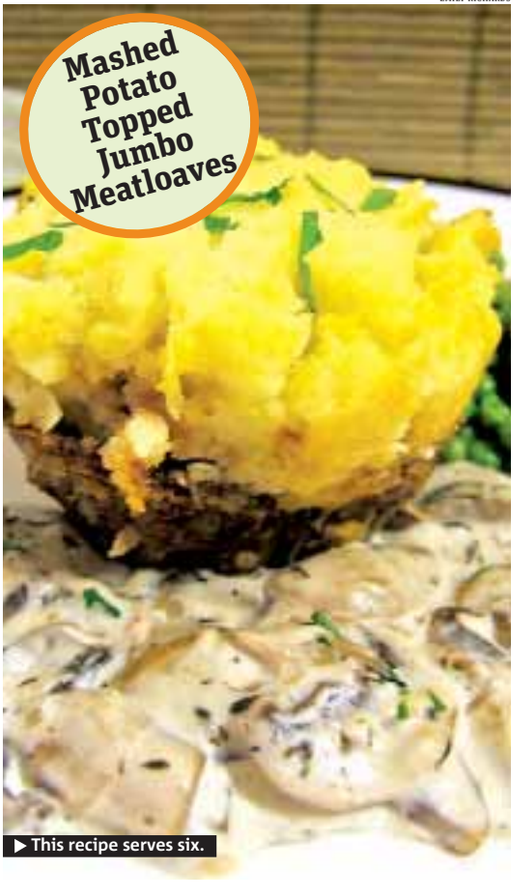
Calling all potato lovers — Kathleen Sloan-McIntosh has just the book for you. 300 Best Potato Recipes (Robert Rose, 2011) boasts a collection that runs the gamut from instructing on classics — the perfect mashed, baked, roasted and fried potatoes — to introducing innovative and modern dishes.

Also included is a history of potatoes as well as a chapter on everything you need to know about hundreds of potato varieties.

Enjoy recipes such as: African Sweet Potato and Peanut Soup, Mum's Potato Breads, Green Chile Curry with New Potatoes, and Dark Chocolate & Orange Potato Cheesecake.

The art of mashed potatoes

EMILY RICHARDS



▶ This recipe serves six.

▶ These recipes prove the side dish can be the star of the show ▶ Try topping meatloaves with the starch

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Sometimes, meat isn't your only leftover. If you have a pot of leftover mashed potatoes, try these Mashed Potato Topped Jumbo Meatloaves.

Ingredients:

- 1 tbsp (15 mL) butter
- 2 shallots, finely chopped
- 3 cloves garlic, minced
- Half yellow pepper, diced
- 1 tsp (5 mL) dried oregano leaves
- ½ tsp (2 mL) dried thyme
- 1 egg, lightly beaten
- ½ cup (125 mL) beef broth
- 1/3 cup (75 mL) seasoned dry breadcrumbs
- ¼ cup (50 mL) freshly grated Parmesan cheese
- Pinch each salt, pepper
- 1 lb (500 g) lean ground beef
- 2 cups (500 mL) leftover mashed potatoes

Mushroom Sauce

- 1 tbsp (15 mL) butter
- 1 pkg (8 oz) button mushrooms, thinly sliced
- ½ tsp (2 mL) dried thyme
- Pinch each salt, pepper
- 1 tbsp (15 mL) all purpose flour
- ½ cup (125 mL) each beef broth and 18 % table cream

Preparation:

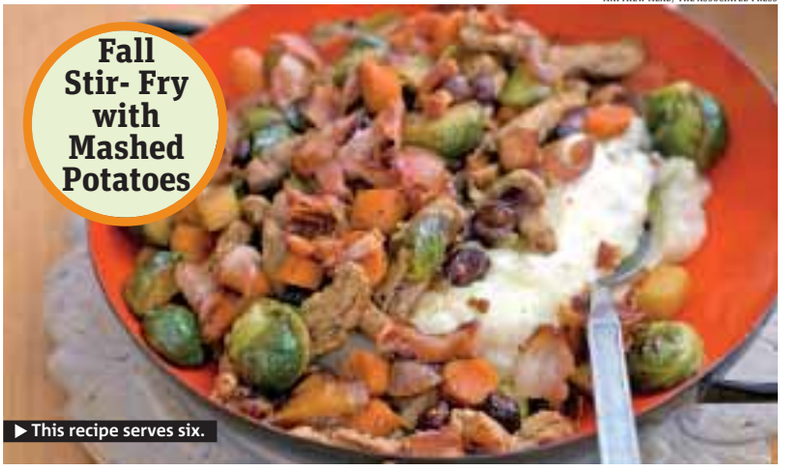
1. In bowl, mash potatoes and ¼ cup (50 mL) of the broth; set aside.
2. In skillet over medium heat, melt butter and cook shallots, garlic, pepper, oregano and thyme for about 3 mins. or until softened. Let cool slightly.
3. In bowl, combine egg, remaining broth, breadcrumbs, cheese, salt and pepper. Add beef and shallot mixture and mix with until combined.
4. Divide mixture among 6 lightly sprayed jumbo muffin tins and press down slightly to flatten. Top each with about 1/3 cup (75 mL) of the mashed potatoes. Bake in centre of 375 F (190 C) oven 35 mins. or until meat thermometer reaches an internal temperature of 160 F (75 C) and meat is no longer pink inside.
5. Sauce: Return skillet to medium high heat and melt butter. Cook mushrooms, thyme, salt and pepper 10 mins. or until liquid evaporates. Stir in flour and cook, 1 min. Pour in broth and cream and bring to a simmer. Simmer 3 mins. or until slightly thickened. Serve with meatloaves. **EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA**

▶ Stray from stir-fry tradition by using potatoes instead of noodles or rice ▶ Employ fall-inspired ingredients

Preparation:

1. In a large, deep skillet over medium-high, cook bacon until crisp, about 5 minutes. Use a slotted spoon to transfer bacon to a paper towel-lined plate to drain, leaving fat in skillet. Over medium-high, add pork strips and sear to brown, about 2 minutes. Transfer pork to a plate; set aside.
2. Reduce heat to medium; add onion, sage and cinnamon. Cook for 5 minutes or until onion begins to brown at edges. Add carrots and brussels sprouts and sauté for 5 to 6 minutes or until starting to brown. Add broth, then cover and cook for 10 minutes.
3. Return pork to pan, add cranberries, then cook, uncovered, for another 5 to 6 minutes or until pork has a hint of pink in centre. Season with salt and pepper to taste. Serve over mashed potatoes, crumbling bacon on top. **EMILY RICHARDS/ THE ASSOCIATED PRESS**

MATTHEW MEAD/ THE ASSOCIATED PRESS



▶ This recipe serves six.

Ingredients:

- 250 g (8 oz) side bacon strips
- 340 g (12 oz) pork tenderloin, cut into thin strips
- 1 red onion, sliced
- 5 ml (1 tsp) dried sage l leaves
- 2 ml (1/2 tsp) ground cinnamon
- 500 g (1 lb) carrots, peeled and cut in 1-cm (1/2-inch) chunks
- 500 g (1 lb) brussels sprouts, quartered
- 125 ml (1/2 cup) chicken broth
- 125 ml (1/2 cup) dried cranberries
- Salt and black pepper
- Mashed potatoes, to serve

Get the Benefit of a 1-HOUR WORKOUT
IN JUST 10 MINUTES!!
Researched by over 30 Universities worldwide to:
Increase muscle strength
Build bone density
Increase metabolism, burn fat and raise energy levels
Tone and tighten skin
Decrease cellulite
Decrease blood pressure and cortisol levels (stress hormone)
Natural high... stimulate the happy hormone "Serotonin"
Shake your way to good health!
T-zone HEALTH VIBRATION TECHNOLOGY
CHECK OUT OUR STUDIO FOR A FREE TRIAL
www.tzonelondon.com 519-601-8007

Banner year at box office for Jays

Ticket revenues for the Toronto Blue Jays this season rose to the highest level since the baseball team won the World Series 18 years ago.

Rogers Media president Keith Pelley says sales for the Jays' games increased 16 per cent this year, while more sports fans also attended the games and watched them on TV.

Pelley gives some of the credit to Rogers Communications, the parent company that owns the Jays and a batch of different media outlets, including TV channel Rogers Sportsnet.

He says a strong integration between the divisions has helped TV viewership, which soared 17 per cent to an average of 507,000 viewers for the season.

Attendance at the gate was also higher, up 12 per cent.

Rogers does not disclose actual financial results for its divisions and declined to provide those details on the Jays.

But according to figures from Major League Baseball, the team drew just over 1.8 million fans to Rogers Centre this past season, an average of 22,445 per home game.

That ranked the Blue Jays 25th among the 30 big-league teams.

In 2010, the Jays had an attendance of nearly 1.63 million.

THE CANADIAN PRESS

PAUL SANCYA/THE ASSOCIATED PRESS

▶ Texas Rangers pitcher Derek Holland yells across a covered infield at Busch Stadium in St. Louis yesterday after officials announced that Game 6 of the World Series would be postponed due to rain.

Blame it on the rain

Game 6 of World Series postponed because of inclement weather

Colby Lewis and his Texas teammates casually tossed a ball in left field, trying to avoid the tarp and any anxiety about being so close to the World Series championship.

On this day, the only winner was the weather.

Game 6 was postponed yesterday because of an accurate wet forecast, delaying the Rangers' bid to clinch their first championship. Ahead 3-2, they can close out the St. Louis Cardinals on Thursday night. It's likely to be clear with temperatures around 12 C at Busch Stadium.

"We're not getting antsy, we're not getting ahead of ourselves. We just have to wait," Texas manager Ron Washington said.

The last time

This was the first World Series washout since 2008 at Philadelphia.

- That year, Tampa Bay and the Phillies were tied in the sixth inning when rain and snow turned the field into a quagmire, forcing a suspension.
- It rained the next day, too, and the game finally resumed two days later, with the Phillies winning to take the crown.
- Because of the debate about how to handle that situation, MLB adopted a rule a few months later mandating that any post-season game stopped in progress would be resumed at the point of suspension, rather than being postponed and starting over.

Lewis is set to start against Jaime Garcia. If there's a Game 7 Friday night, it'll be Matt Harrison for Texas against, well, no telling. St. Louis manager Tony La Russa playfully mentioned the great Bob Gibson, but ace Chris Carpenter on three days' rest looms as a possibility.

"It's already been asked about Carp," La Russa said. "I was told by Carp that he would be ready to go."

After a damp season and post-season, Major League Baseball announced the decision about 4 ½ hours before the scheduled first pitch. At the time, no drops had fallen at the ballpark.

"I'm not even sure why they cancelled it," Cardinals outfielder Lance Berkman said. "This is better than the weather for Game 1. I guess I'm going to lie back on the couch like a big, fat pig and watch a movie."

Maybe Berkman could've joined La Russa. The Cardinals manager planned to go see Moneyball. THE ASSOCIATED PRESS

Trip back to AHL may be looming for Kadri

All it took was one look at the forward line combinations at Leafs practice in New York yesterday to lurch Nazem Kadri into an unwanted frenzy of speculation about his immediate future with the club.

The Leafs will play the first hockey game against the Rangers in the newly renovated Madison Square Garden Thursday, but Kadri may not be part of that special moment.

At least, appearances at practice suggested that much for the talented young winger. He lined up with the so called "extra" players in practice, and that triggered talk that he may be returned to the Marlies today.

LEAFS RANGERS

- **Time:** 7 p.m.
  TV: TSN

The Leafs must make some kind of roster move for tonight's game, given the return of injured forwards Tim Connolly and Tyler Bozak.

The Leafs already had three too many forwards on board before the injuries. Now, something has to give.

"Brian (GM Burke) and Dave (assistant GM Nonis) will be here tomorrow (Thursday) and we'll pretty much wait until then before we make our decision," Leafs coach Ron Wilson said.

"We'll exchange our information and decide what we need to do."

Kadri was in fact assigned to the Marlies last week for some tuneup games. He had recovered from a knee injury in the pre-season and needed a stint in the AHL to regain his game speed and conditioning.

But injuries to Colby Armstrong and Bozak forced the Leafs to change Kadri's minor league ticket within a day of assigning it.

The crafty winger played well enough on the club's third line, and even saw time with Phil Kessel and Joffrey Lupul. But strong play from rookies Matt Frattin and Jake Gardner may have left the Leafs no other choice but to return to their original decision on Kadri.

TORSTAR NEWS SERVICE

4 sports

Quoted

"Ed Stefanski embodies everything I was hoping to attain when the search began for a top-level basketball executive to join our staff"

RAPTORS GENERAL MANAGER BRYAN COLANGELO. THE RAPTORS NAMED ED STEFANSKI AS THE TEAM'S EXECUTIVE VICE-PRESIDENT OF BASKETBALL OPERATIONS YESTERDAY. STEFANSKI PREVIOUSLY WORKED IN THE FRONT OFFICE FOR BOTH THE PHILADELPHIA 76ERS AND THE NEW JERSEY NETS.

Scan code for more sports news.

HELP WANTED

General Help

All Positions Available! Now hiring for full time. Customer Service, Marketing, Sales, Management. No Exp. Req. Must be available immediately. **Call 519-913-3140**

FULL Time Live-in Nanny- required for care of 7 year old. Previous Experience Required Please call Ian @ 519.494.8299

Start with **Primerica** and build a new career in Financial Services. PT/FT, will train. **Jim Duddy 519-474-2484 Ext 174**

General Help

<< Production workers needed>>
for 6:00pm - 6:00 am, Continental Shift
- Have previous production experience?
- Have a reliable means of transportation?
- Have grade 12 or GED and able to work in a variety of shifts?

Pay for the position is $12/hr + 4% vacation pay!
Visit our office at Citi Plaza, 355 Wellington Street, 2nd floor M-F, 8:00am-5:00pm, or call us at 519.667.7774

adecco.ca

Office Help

KANTAR OPERATIONS
is an established market research call centre located in downtown London for over 16 years.
Staff conducts telephone surveys from our office or from their home.
We offer flexible scheduling with no sales of any kind.
150 Dufferin Ave #204
(519) 645 - 3320
callcenterjobs.london@kantaroperations.com

AUTOMOTIVE

Cars & Trucks for Sale

2010 HUMMER H3 for Sale
This pristine, black 4 speed Automatic with Chrome package HUMMER is a steal!
Female Driven, a low milage of 18,000 kms
Asking $35,900 - Call Ryan @519.851.0081

$2700 - Chevrolet Silverado, 1998. 4X4 Extended cab short box, Heavy duty half tonne 5.7 L Vortec Engine. Fully loaded. One owner (519) 268-3797

RENTALS

Condos, Townhouses & Duplexes Unfurnished

Need **Tenants** for your Rental Property?
Need a place to **Rent**?
We Rent and Manage properties!
Contact us today @519-852-8600

like us metro

General Help

Apartments Unfurnished

1st month free! - Dundas & Hale
3 Story Walk-up
1bdrm $ 590 +hydro / 2 bdrm $675 + hydro
mostly hardwood floors/controlled entry/close to park/bus route & amenities!
Available Immediately. Call 519-672-8320

Apartments Furnished

2 bedroom furnished home apartment with parking!
Includes full cable and all utilities.
$1200/mo - flexible lease.
Quiet non-smoking, non-drinking tennant
References required
Call Gloria at 519-455-2826

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Rooms Furnished

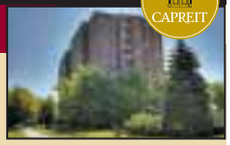
Large, furnished room, clean, shared kitchen, shower, close, to downtown & bus route. For mature non smoker, inc parking, first & last, $375.00 mthly Call Ann at 519-663-5212

Apartments Unfurnished

Apartments Unfurnished

CAPREIT APARTMENT RENTALS
visit us at caprent.com for more info

724-744 Fanshawe Pk Rd



1 & 2 bdrms starting from $650 • Close to 24 hr grocery store • Minutes to Masonville shopping district • Beautiful ravine settings • Backing onto Stoney Creek • Walking distance to schools • Bus to U of Western Ontario & Fanshawe College

519 488 2431
ACT NOW & RECEIVE A $500 MOVE IN BONUS

75-85-95 Fiddlers Green Rd

Bach, 1 & 2 bdrms starting from $690 • Spacious suites • Across from shopping centre • Transit at your door • Close to schools, banks • 5 minutes to Cherry Hill Mall • Transit to U of Western Ontario

519 488 2389
ACT NOW & RECEIVE A MONTH FREE

twitter.com/caprent facebook.com/caprent
rentals@capreit.net caprent.mobi

MERCHANDISE

Antiques & Art

Antique Punch Bowl Set
Glass with ladle, 8 cups.
$ 10.00
(519) 681-5587

Merchandise for Sale

1000 colour postcards, 2 sides, AQ-Coded
$99.94
(519) 657-9157

4 IBEX FLANNEL SHEETS QUEEN SIZE
New still in package
$10.00 each
519-453-8798

Canadian Beer quart Bottles
9 Bottles $35.00
(519) 657-9157

DISHWASHER
$75.00 OBO
519-719-8028

FREE TV
Sony 21" Big &Old
Works Perfectly
(519)686-8250

Merchandise for Sale

George Foreman Grill
$30
519-641-6506

Holmes Cool Mist Humidifiers Table Top Model
$22
Call 519-453-8798

Igloo Cooler
Large in good condition,
$ 5.00
(519) 681-5587

Men's shoes size 9,
Made in Germany, leather, camel colour, brand new. $20.00
(519) 681-5587

Microwave For Sale
$40
519-641-6506

MICROWAVE OVEN
PANASONIC
$45.00 OBO
519-719-8028

Mini Indoor Lights
multi colour & clear ones.
$2.00 each
(519) 681-5587

New solar digital radio
hand crank AM/FM/SW
includes ac & dc adaptors
$45.00 (519) 657-9157

Merchandise for Sale

Obusforme Muscel tharipy Bath Spa
Great Condition
$40.00 obo
Please call (19) 453-3179

Safety Bed Rail
to assist you to get in and out of bed safely
Like New $60.00
Please Call (519) 453-3179

Safty Bar for bath tub
Asking $30
Please contact me at
(519) 453-3179

Starfrit Electric Potatoes Peeler
Asking $20.00
(519) 641-6506

Starfrit Sandwich Press/Maker
Asking $30
(519) 641-6506

Wine Glasses
pure crystal brand new
8 pcs. $ 16.00
(519) 681-5587

Wooden Shoes!
Mens size 10/11
$25
Call 519-453-8798

PETS

Dogs

Shelties 8 weeks, males & females, CKC registered, Vet Checked, $600
Call 519-287-3327

SERVICES

Psychics

Psychic Readings by Jessica - Help in all problems! Call for free reading 305-456-9714 or 888-351-9902

HEALTH & BEAUTY

Massage/Therapists

Become a Certified Holistic Practioner In: Reg. Reflexology, Aromatherapy, Massage, Reiki, & Hot Stone. (519)-694-4325 w.ocr.edu/teachers/kotsovos.htm

HOUSEHOLD SERVICES

General Services

Do you suffer from knee pain?

Join a clinical research trial to evaluate the effectiveness of an investigational natural health product on symptoms associated with knee pain.
Contact us now!
See if you qualify.
Participants will be compensated up to $300.00
Contact KGK SynergizeClinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com
KGK synergize

Jack of all Trades -14 years Experience
Anything you need done - Free Estimates
Can do ANYTHING and EVERYTHING!
Call George at 519-521-8365

North River Projects
Drywall, Painting and Framing
Carpentry, Trim and Crown Molding
226-688-6090

The SOLAR Store
Your MicroFIT Solar Contractor
526 Adelaide St N 519-859-2634
andrew@thesolarstore.ca

Does your parrot talk too much?

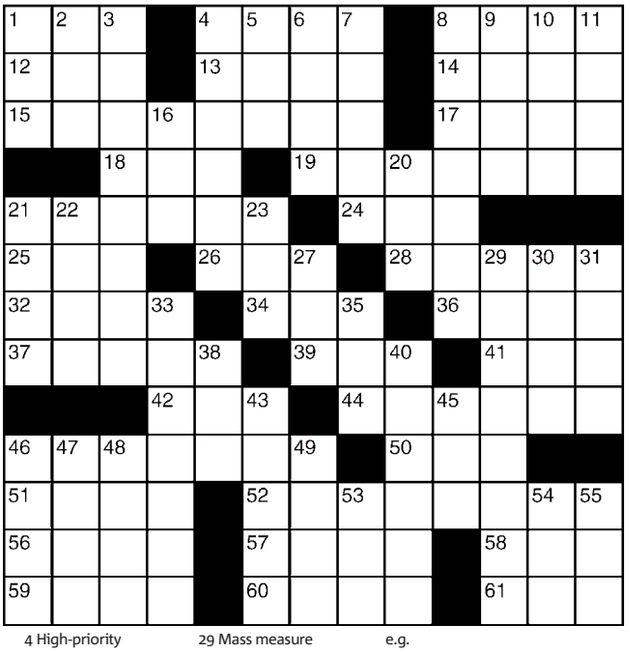
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

like us metro

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

True Appiness
Download the METRO APP for your iPad, Android, BlackBerry and iPhone.
App Store BlackBerry App World Android is a trademark of Google Inc.
metro

Crossword



Across

1 Sweet potato
4 Wyoming neighbor
8 Medicinal amount
12 Id counterpart
13 The Eternal City
14 Physical
15 Baby picture?
17 Options list
18 Raw rock
19 Shenanigans
21 Those who shun animal products
24 Yuletide beverage
25 Listener
26 Car : jalopy :: boat : —
28 Hayseed
32 Memo acronym
34 — de plume
36 Queen of Carthage
37 Madagascar critter
39 Crony
41 Cover
42 Storm center
44 "In Cold Blood" author
46 Rues
50 Huge
51 Berry touted as a superfood
52 Type of 3-D image
56 Collins or Donahue
57 Eastern bigwig
58 Hearty brew
59 Carry
60 Agts.
61 Speedometer stat

Down

1 "Of course"
2 Past
3 Decorative lettering
4 High-priority
5 Anderson's "High — "
6 Oriental nursemaid
7 Confine
8 Nearly divine one
9 The yoke's on them
10 Foundered
11 Ostriches' kin
16 Man-mouse link
20 Bliss
21 — scallopini
22 Relaxation
23 Baltimore newspaper
27 Jazzy style
29 Mass measure
30 Tend texts
31 Source of riches
33 Childish
35 Buddy
38 Catcher's place
40 Hercules had 12
43 Old anesthetic
45 Glutton
46 Engrossed
47 Reverberate
48 Pace
49 Unspecified amount
53 Back talk
54 Matterhorn, e.g.
55 Expression of disinterest

▶ Yesterday's answer

A	L	F		M	E	A	T		S	L	E	D		
C	O	E		E	R	G	O		H	A	L	O		
T	I	T		D	R	A	W	B	A	C	K	S		
S	N	A	F	U			N	I	L					
			I	S	A	S		N	O	M	A	D		
C	U	T	B	A	C	K	S		M	I	M	E		
O	N	E		E	I	E	I	O		S	O	N		
U	T	A	H		S	E	T	B	A	C	K	S		
P	O	L	A	R		T	U	T	U					
			W	O	O			U	K	A	S	E		
K	I	C	K	B	A	C	K	S		W	O	N		
E	D	I	E		F	R	E	E		L	U	V		
N	O	I	R		S	O	A	R		S	P	Y		

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

	5		6		3		8	
6			9		8			3
	9			2			7	
		4				5		
9	8						3	1
		6				2		
	6			9			5	
8			1		4			7
	7		2		5		1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

9	8	2	7	5	3	6	1	4
4	6	7	8	1	2	3	5	9
5	1	3	9	6	4	8	7	2
8	3	5	1	2	7	9	4	6
1	2	9	4	8	6	7	3	5
7	4	6	3	9	5	2	8	1
2	9	1	5	3	8	4	6	7
3	5	4	6	7	9	1	2	8
6	7	8	2	4	1	5	9	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Dream Partner,
I have one Regret ---- Regret not having believed in us ; .... XOXOXOXO - you only know what you have until you lost it .... Are you lost or just dissapointed or scared again ???? nothing is impossible ; Shall we ? :)
FOREVER LOVING YOU

Sow low,
We have had a rough time last month, but we made it through together. I hope we stay strong and can work through everything. There has been huge improvement in our relationship. I love u so muchy. Happy 1 year and 10 months. **SOW POW**

Handsome,
It's been years since I've last seen you and you still sneak into my thoughts. You are my only "what if" but not my regret, hope you found your good place as I am finding mine. **FT. SASK GIRL**

Today 6°/0° Cloudy
Friday 9°/2° Variable
The Weather Network Download WeatherEye to your smartphone.
TWN incorporates MSC data

Today's horoscope

♈ Aries March 21-April 20 Avoid other people's quarrels today because you could find yourself drawn in deeper than you'd like.

♉ Taurus April 21-May 21 It's not like you to seek approval but for some reason you crave the support of partners today.

♊ Gemini May 22-June 21 At some point today, you'll realize you must stop what you are doing and reassess priorities. Be selective.

♋ Cancer June 22-July 22 You don't have to be cynical today but you do have to watch out for Number One – that's you.

♌ Leo July 23-Aug.23 You don't have to face each and every situation alone. There are people you can turn to for support and advice.

♍ Virgo Aug. 24- Sept. 22 Don't let your feelings get the better of you today. Above all, don't get taken in by a tale of woe.

♎ Libra Sept. 23-Oct. 23 A lot is going on in your world but don't let it distract you from your main aim: improving your cash flow.

♏ Scorpio Oct. 24-Nov. 22 It's OK to be angry with someone who has let you down but it's not OK to let it gnaw at you relentlessly.

♐ Sagittarius Nov. 23-Dec. 21 Your confidence may be at a low ebb but it is only a passing phase.

♑ Capricorn Dec. 22-Jan. 20 You don't have to go along with what other people suggest. You have a mind of your own.

♒ Aquarius Jan. 21-Feb. 18 The Sun in Scorpio at this time of year can either make or break your reputation, depending on how clear your aims are.

♓ Pisces Feb. 19-March 20. Any offer that sounds too good to be true most likely is a trick or an illusion. SALLY BROMPTON

Caption contest

NATHAN DENETTE/ THE CANADIAN PRESS

PHELAN M. EBENHACK/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

KISS & TELL WITH METRO KISS
Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.
All kisses will appear online and a selection will appear in print too!
Visit metronews.ca daily to see who loves whom, or...who loves you!
metro

QuestChat
"Feel the Rush"
TRY IT FREE
519.439.4444
Other Cities
questchat.com

DIY HALLOWEEN

Visit a retail location for hosiery, bodysuits and basics that are perfect for your Halloween alter ego, and get scary good deals of up to 65% off when you build your costume at www.americanapparel.net

by American Apparel®

Retail Location:

London—Richmond Street
551 Richmond St.
Tel: (519) 850-5123

To learn more about our company, to shop online, and to find all store locations, visit our web site.